

# WEST MIDDLESEX GP TRAINING SCHEME

Education Centre, West Middlesex Hospital, Twickenham Road, Isleworth, TW7 6AF

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27<sup>th</sup> September 2021

1. David Fenton  
David Fenton Design LLP
2. Neena Patel  
Barnet Asian Women's Association

Dear David and Neena,

Thank you very much for attending the West Middlesex GP Training Scheme earlier this month to discuss your work together on the 'Home Is' documentary, as well as the work of Barnet Asian Women's Association in general. It was a fantastic session and all attendees were fully engaged. Your polished presentation and interactive style made for a very enjoyable session and I have no doubt that all of the doctors left the event feeling like they had a deeper understanding of the varied medical presentations of Asian women, and how these may represent deeper psychological problems.

I have collated a few of the feedback comments (below) for your information and would like to take this opportunity to congratulate both of you on how you have brought these issues to the forefront. I very much hope that both of you continue to enlighten us with your observations and narrative of the world around us. From everyone at West Middlesex GP Training Scheme, I wish you success in your future projects.

Best wishes,



**Dr Nadeem Ahmed**  
**Training Programme Director**



West Middlesex University Hospital

Chelsea and Westminster Hospital   
NHS Foundation Trust

Delegate feedback for the 'Home Is' session (David Fenton and Neena Patel) – Wednesday 8<sup>th</sup> September 2021:

*"The Home Is session was incredibly moving for a number of reasons and a box of tissues might have been helpful! It is an incredibly well-made film and the themes and issues are relevant to this and many other communities who have been uprooted or struggled in some way transitioning from an old life to a new life. Thank you for inviting both to speak and for the insights from their perspective. I will see my patients of all backgrounds and their traumas with more compassion going forward...and hopefully not cry every time I hear such emotive stories! Both Neena and David have created something wonderful"*

*"David and Neena's collaborative talk was inspiring and also very touching. Her passion and drive for such a great cause made me grateful and happy to be in her presence. She has changed and touched many women's lives and hopefully will continue to do so. David's film was very powerful and able to capture the story by demonstrating how these women's lives are empowered through expressing their thoughts and talking through life's daily altercations together as a community, supporting one another"*

*"I wanted to thank Neena and David for the wonderful presentation and documentary film. It made everyone in the room appreciate the difficulties immigrants face when they come to a new country and try to acclimatise. For the young doctors in the room, it was useful for them to know that just listening with empathy can make a huge difference"*

*"I really enjoyed the Home Is session, it was a reminder to think laterally when seeing our patients, particularly ethnic minorities, who may present with psychosomatic symptoms. Additionally, getting to know our patients is a great part of our job and it helped me see that it can also really help with outcomes"*

*"I thought both David and Neena were so inspirational. They spoke with so much passion and it really changed my perception of ethnic minority patients presenting with physical illness. It will definitely change my practice and help me to follow a different route for consultation with these patients. Neena's empathy and compassion really shone through and left me inspired to look at ways I can help our own patients with similar backgrounds. I left feeling motivated to make a change. I will remember it forever and hope you can send on my gratitude and praise for their hard work, empathy and compassion they have shown to this special group of people"*

*"The 'Home Is' session was great, a real highlight of the residential! It was very informative and interesting and excellent to learn about the great work that Neena and her peers are doing. The documentary was also an excellent medium of information sharing and allowed us to better understand the experiences of some of the individuals we serve in our community"*